

News and Current Events Bulletin

Age Concern Hamilton & Celebrating Age Centre

The sense of anticipation was palpable at our Bingo session on Friday 29 March. We are grateful to our sponsors for providing such gorgeous prizes – a Nia Dance concession card and goodie boxes donated by Ryman Healthcare River Road. Prizes certainly add to the fun!

Join us - last Friday of every month



EASTER THEME FOR APRIL MEMBER LOUNGE

Join us for conversational games, Easter eggs and hot cross buns. Following on from the morning seminar session. *Donation towards morning tea appreciated.*
11am Friday 26 April

FRIDAY SEMINARS

12 April – Health Advocacy Services

19 April – Easter Friday (No Seminar)

26 April – Amore Roses

3 May – 30 years of Tui 2000

9.30-11am every Friday

WEEKLY FIXTURES

MON

9.30-10.15: Zumba Gold
10.00-11.30: Greypower Seminar (no charge)
10.30-12.00: Tai Chi

TUE

9.30-10.30: Strong and Stable

WED

Chinese Golden Age Society

THURS

10.00-11.00: Upright and Active
1.00-2.30: Tai Chi
1.00-3.00: U3A French

FRI

9.30-10.30: Restorative Yoga
Most activities have a small cost component.



CELEBRATING AGES PLAYCIRCLE

Hosted by Surrogate Grandparents NZ, an Easter treats hunt serves as the launch event for this intergenerational playcircle to be held on the 2nd Thurs of every month.

11th of April at the Hamilton Band Rotunda outside the Celebrating Age Centre. From 11am.



