

Christmas Edition 2010



Planning has already started for the
Age Concern Christmas Party
Wednesday 8 December 2010 at the
Celebrating Age Centre



Time: 10am	Morning Tea
10.30-11.30am	Entertainment
11.30-12.00pm	Krazy Ladies and Age Concern staff performance

Come and enjoy the 'world renowned (in Hamilton) entertainers



Don't Wait 'til You're Eighty Matey calendar -

Members of Age Concern Hamilton receive a complimentary calendar each year. The calendars are now on sale at \$7 each - if you want extra copies do contact us (07 838 2266). Overseas mailing closure is Monday 22 November for England & Europe and Monday 29 November for Australia and South Pacific.



The Age Concern Hamilton office will close during the Christmas and New Year break this year. Closure will be from 12noon on **Thursday, 23 December 2010** and we will re-open on **Wednesday, 5 January 2011**.

Please do leave any messages on our answerphone, with your name and phone number, so we can contact you on our return in the new year.

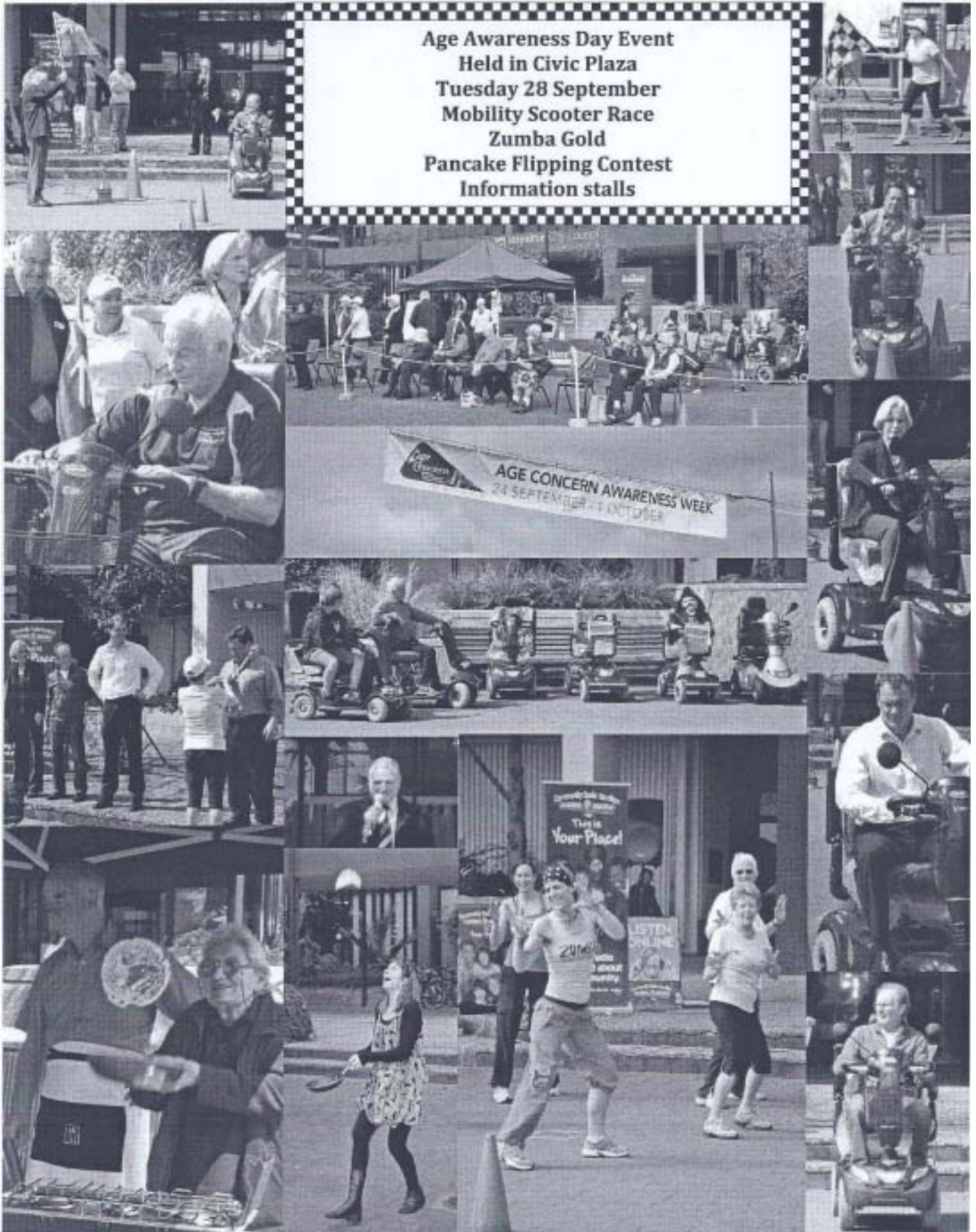


Celebration Café.

The café staff, at the Celebrating Age Centre, will be having a well earned break over the Christmas period with their final day being **Wednesday, 22 December 2010**. The re-opening will be **Monday 24 January 2011**.

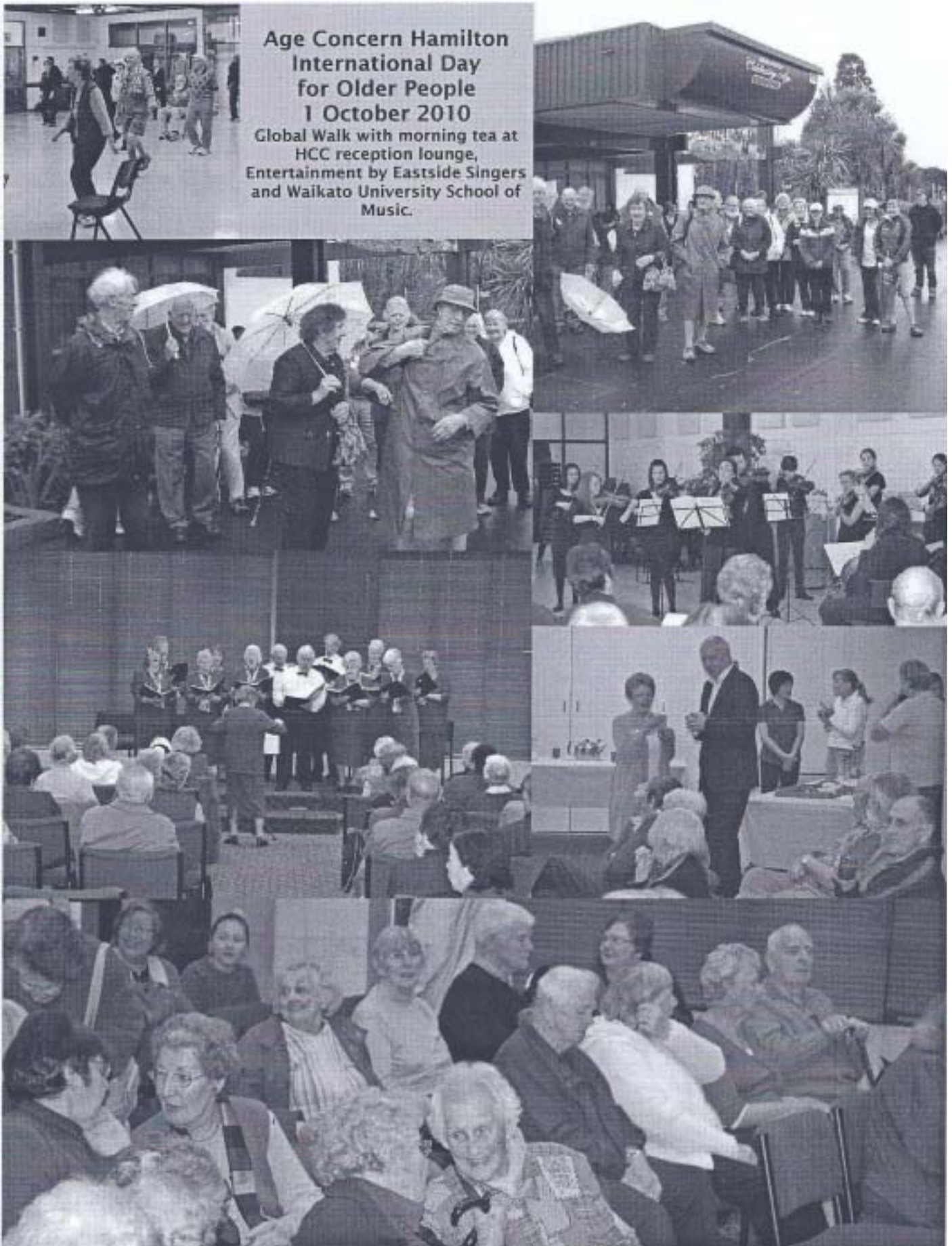
NEWS FROM AGE CONCERN HAMILTON

Age Awareness Day Event
Held in Civic Plaza
Tuesday 28 September
Mobility Scooter Race
Zumba Gold
Pancake Flipping Contest
Information stalls



Age Concern Hamilton—"Serving the needs of older people in Hamilton and the Waikato Region"

NEWS FROM AGE CONCERN HAMILTON



Age Concern Hamilton—"Serving the needs of older people in Hamilton and the Waikato Region"

MESSAGE / SEMINAR LIST



A last word from the Manager - A look back at 2010 gives me much to feel pleased and positive about at Age Concern Hamilton. Financially we are in a strong position, our services to older people continue to expand across the Waikato and we have forged a new and vibrant partnership with the University of Waikato.

Staff numbers have increased to nine this year as we employed a new Shopping Service Co-ordinator to manage the growing demand.

The new Age Concern Awareness Week, leading up to the International Day for Older People on 1 October, was a great opportunity to showcase Age Concern and celebrate the contribution of older people to the community. (see the photos of our centre spread)

With such a dedicated team of staff, a wonderfully supportive Age Concern Council and a host of fantastic volunteers we have supported approximately 36,700 older people, their families and care givers this year. A big thank you to all!

I wish everyone a happy, healthy and safe festive season and I look forward to doing it all again next year.

Gail Gilbert, Manager.

Whats coming up at Age Concern...

Hosted by Age Concern Hamilton each Friday,
9.30am - 11.30am,
at the Celebrating Age Centre,
30 Victoria Street, Hamilton.
Donation of \$2 per session. Everyone welcome.

NOVEMBER SERIES ON LOOKING AFTER YOURSELF

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|---------|---|----------------------------------|
| Nov 5: | Taking care of the inner you. | Jan Canton |
| Nov 12: | Taking care of others. Puppy training for guide dogs. | Veronica Esunza and Idol the dog |
| Nov 19: | Summer health information & education. | Cancer Society |
| Nov 26: | Natural therapies for healing. | Faye Taylor |



DECEMBER SERIES ON CONNECTIONS

- | | | |
|--------|--|-----------------|
| Dec 3: | What is connectedness & why is it important? | Jan Canton |
| Dec 8: | Wednesday. Age Concern Christmas party. | 10.00am–12.00pm |



Age Concern Hamilton—“Serving the needs of older people in Hamilton and the Waikato Region”